

CLASS SCHEDULE

MONDAY

9:00 am – Aerobics with Jane
10:30 am – Water Aerobics with lifeguard
1:30 pm – Water Aerobics with lifeguard
6:00 pm – Yoga with Christine
6:00 pm – Aerobics with Jane
7:00 pm – Water Aerobics with lifeguard

TUESDAY

9:00 am – Aerobics with Jane
5:00 pm – Firm & Burn with Deb
6:00 pm – Aerobics with Doreen
7:00 pm – Water Aerobics with Deb

WEDNESDAY

9:00 am – Aerobics with Patty
10:30 am – Water Aerobics with Patty
1:30 pm – Water Aerobics with lifeguard
6:00 pm – Yoga with Christine
6:00 pm – Aerobics with Doreen
7:00 pm – Water Aerobics with lifeguard

THURSDAY

9:00 am – Aerobics with Jane
1:30 pm – Aqua Zumba
5:00 pm – Firm & Burn with Deb
6:00 pm – Aerobics with Doreen
7:00 pm – Water Aerobics with Deb

FRIDAY

10:30 am – Water Aerobics with lifeguard
1:30 pm – Water Aerobics with lifeguard

SATURDAY

8:00 am – Yoga with Christine
8:30 am – Aerobics with Jane
9:45 am – Zumba with Fran